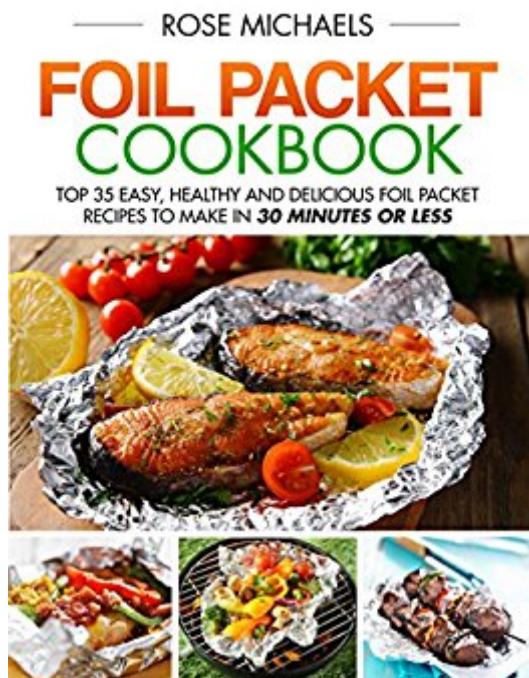


The book was found

Foil Packet Cookbook: Top 35 Easy, Healthy And Delicious Foil Packet Recipes To Make In 30 Minutes Or Less



Synopsis

There are few culinary delights that are more enjoyable than a favorite dish cooked and enjoyed in the great outdoors. If you have ever gone camping, or cooked many meals outdoors, then you know that sometimes the shortcuts that are taken when your stove and oven are out of the picture and be a little less than healthy. During these times, we might typically reach for the shortcut that might be a little more processed or a little higher in sodium, fat or calories. Foil packet cooking is a way of outdoor food preparation that breathes new life, into old campfire foods. Within the confines of pouches made of foil lie healthy jewels of campfire meals. The recipes in this book used healthy ingredients, healthy preparation methods and most importantly, sacrifice nothing in terms of flavor and enjoyment. This book is the key to effortless, healthy and delicious foil packet meals. Start here to open your eyes to a whole new world of campfire cuisine. *â f*

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